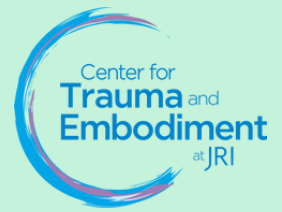




TRUMA CENTER TRAUMA SENSITIVE YOGA (TCTSY)



*In partnership with the Center for Trauma and Embodiment
at Justice Research Institute (JRI)*



**15th and 16th of February 2020
Milan, ITALY**

The present **20-hours Trauma Center Trauma Sensitive Yoga (TCTSY) workshop** will introduce participants to the key concepts and practical applications of TCTSY, an empirically validated intervention for Complex Trauma.

The seminar is open to clinicians, health professionals and yoga teachers.

Facilitator of the workshop: **Krystyna Kowalski**, certified TCTSY supervisor and accredited trainer/tutor at JRI, Certified Yoga Therapist C-IAYT, Internal Family System practitioner and MMSC in Sociology. In collaboration with **Simona Anselmetti, Agnese Donati e Alessia Piazza** (Italian certified TCTSY facilitators, psychologists, psychotherapists and yoga instructors).

The workshop will be held in English and translated into Italian.

When: Saturday from 9am to 6pm - Sunday from 9am to 5pm

Where: ITALY, Laboratorio di consapevolezza, Via Voghera 9/a, Milan

Workshop Fee: 360 euros

Informations and applications

tctsyitalia@gmail.com

www.tctsyitalia.com